



# Leadership in a rural area



**Leadership skills in any occupation drive change. But in the nursing profession, leadership skills are vital to patient care and advocacy, regardless of your title or position. Are you ready to step up and stand out, taking your leadership skills to the next level?**

The 'Leadership in a rural area' course takes you on a journey to discover and further develop yourself as a Leader. We start by discussing the concept of nurse leadership and its importance. What makes great leaders? From there we focus on your development as a nurse leader. Do you see yourself as a leader? What leader do you strive to be? What skills, knowledge and attitude do you need to be a nurse leader? How do you apply your leadership skills in a rural area? How do you stand out and make a difference? How do you transform roadblocks into opportunities? These are questions that we will answer in this interactive and high energy day.

## WHAT MAKES A GREAT LEADER?

- Nurse Leadership and its importance
- The difference and the connections between leadership and management
- Leadership styles & leadership in a rural area

## LEADERSHIP FUNDAMENTALS: 'KNOW YOURSELF'

- Beliefs and values that drive your behaviour and leadership style
- Knowing and embracing both your weaknesses and strengths

## HOW TO PRESENT YOURSELF: 'STAND UP AND STAND OUT'

- Leadership verbal and non-verbal behaviour
- Having confidence to challenge yourself, your colleagues and your organisation
- Managing your own success and failures

## INTERACT WITH OTHERS: 'BE AN EXAMPLE'

- Five star feedback skills: effectively giving, receiving and asking for feedback
- Strategies to influencing the culture of your team

We will end the day by finalising your own Leadership development action plan that you have created. This action plan enables you to transfer all your learnings to your workplace, and make you stand up and stand out, as the great leader you are!

## PRESENTER

Lyn Brett

Transition to Practice Coordinator Goulburn Valley Health

"I have many (30) years of nursing experience, last 14 being employed at GV Health.

I began my career as a hospital trained State Enrolled Nurse before undertaking tertiary study.

I have a Bachelor of Nursing Science and Graduate Diploma in Nursing Practice (Rural Critical Care), currently completing a Graduate Certificate in Healthcare Leadership.

Clinical experience in the Emergency Department, Intensive Care Unit, Surgical nursing and as an Afterhours Hospital Manager. 2014 I joined the GVH nursing education team as a clinical support nurse before taking on project roles for the Health Assistant in Nursing and Enrolled Nurse Transition Programs. As the Transition to Practice Coordinator I have involvement in multiple levels of training programs from the work experience program, VET in Schools, Health Assistants & Enrolled Nurses."

## INFORMATION

**When:** 6 June 2019

**Registration cost:** \$195

**Venue:** Elsie Jones Education Centre, Goulburn Valley Health, Graham St Shepparton Vic

**To register:** [Click here](http://www.acn.edu.au/events) or visit [www.acn.edu.au/events](http://www.acn.edu.au/events)

ACN Leadership courses are interactive and challenging. We teach knowledge through concepts, theories and latest research. We develop new skills through experimental learning and put freshly acquired knowledge into practice. We help you transfer your learnings into your workplace through practical action planning. Be ready to take this adventure...you will be challenged!