



THE UNIVERSITY OF
MELBOURNE

DEPARTMENT OF RURAL HEALTH



Living and Working in Hepburn Shire, Victoria

INFORMATION PACK



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This information booklet has been developed to provide you with relevant information about your living and working arrangements within Hepburn Shire, Australia.

We acknowledge that re-locating to a new region is a daunting yet exciting experience, and there are many logistical aspects to consider. Therefore the 'Going Rural Health' team wish to make this transition as easy for you as possible.

Please consider the information in this booklet as a general guide to living and working in the Hepburn region, Victoria. Our information booklet contains general information and is to be used as a guide only.

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LIVING IN HEPBURN SHIRE

The Shire of Hepburn is around 110 km north-west of Melbourne, with easy access to Melbourne, Ballarat and Bendigo. It is home to approximately 15,000 people. The region has a rich indigenous heritage.

The population increased greatly thanks to the Gold Rush which began in 1851. Many impressive buildings were financed from the wealth generated by the diggings. Many of these buildings remain today. Many areas and buildings within the shire are also heritage listed.

The Shire of Hepburn is the 'Spa Capital of Australia'. Mineral springs have attracted retreats for relaxation and treatments. There are also many areas of natural beauty with abundant forests, parks and reserves.

ATTRACTIONS, CULTURE AND CLIMATE:

Climate

The Shire of Hepburn has a cooler, wetter climate than Melbourne. Summer average temperatures range from 12-27°C. Winter is cold and wet, averages ranging from 3-10°C, with occasional snow.

The main towns in Hepburn Shire are Clunes, Creswick, Daylesford & Hepburn Springs, and Trentham.



Daylesford & Hepburn Springs

This region contains the greatest concentration of mineral springs in the country, and people travelled long distances to ‘take the waters’. It has long had the reputation as a place of healing and well-being.

Holistic health services and spas are abundant. The Hepburn Bathhouse is itself a state icon, and the complex contains many different pools, baths and treatment rooms, both public and private.

High quality local produce abounds, and has encouraged a flourishing wine industry, a lavender farm, and a vibrant dining scene - from gourmet restaurants to casual cafes.

Daylesford’s weekly Sunday market at the Old Railway Station is a tradition, and the Central Highlands Tourist Railway operates a Sunday vintage railway service through Wombat Forest. There is also a Farmers Market on the first Saturday of every month.

A visit to Jubilee Lake and Lake Daylesford will not disappoint, and Wombat Hill Botanical Gardens are historical, with first plantings in 1861. For history buffs, the Historical Society Museum is a must.

The area also has a large artistic community, from performing to visual arts.

Tourism and primary production are the main areas of employment.

Creswick

Creswick is a historic gold mining town, with a population of around 3000 people. It is situated 16km north of Ballarat. Many of the historic buildings owe their existence to the gold rush.

Creswick is also the Australian birthplace of reforestation. John La Gerche began re-planting forest areas felled by mining activity in 1882. Much of these plantings still survives today.

Many famous people were born in Creswick, from Norman Lindsay to Prime Minister John Curtin.



There are many things to see and do in Creswick, from museums, historic buildings, walking trails, markets and wineries. Creswick also has a great golf course. For further information see [www.creswick.net/things to do](http://www.creswick.net/things_to_do).

Clunes



The first gold discovered in Victoria was found in Clunes in 1851. It is now one of the most intact gold towns in Australia, and its streetscape has been used in many television series' and movies, including *Ned Kelly*, *Mad Max*, *The Mole*, *Halifax fp*, the remake of the 1950's classic *On The Beach*, and *Something in the Air*.

Almost the entire town is heritage listed. A walking tour to see all the buildings, museums and parks is a must. The area has rich volcanic soil perfect for producing all types of food and wine. Natural produce is a proud trademark, and many restaurants and cafes are located in the township. See www.visitclunes.com.au/ for more details.

Trentham



Trentham is located at the top of the Great Dividing Range mid-way between Daylesford & Woodend. It is surrounded by temperate rainforest, and Trentham falls (above) in the Wombat State Forest is a popular attraction. Bushwalking, camping, horse and bike riding are common activities in the area.

GETTING AROUND HEPBURN:

Public Transport.

Daylesford: V-Line trains and buses run numerous times a day from Southern Cross Train Station in Melbourne to Castlemaine. There is bus service from Castlemaine to Daylesford.

Clunes: The Clunes railway station is on the Mildura line, though V-Line buses through to Maryborough also stop at Clunes. Regional buses also stop at Clunes.

Creswick: V-Line trains and buses run numerous times a day from Southern Cross Train Station in Melbourne to Ballarat, with V-line (bus and train) and regional bus connections to Creswick.

For travel information and up to date timetables, please visit the V-Line website (www.vline.com.au/), phone 136 196, or visit the Public Transport Victoria website www.ptv.vic.gov.au/

Cycling.

Cycling is very popular in the area, and is an easy way to get around. Bike lanes are sometimes available within townships and on main highways, though not on minor highways.

Driving Yourself.

Driving short distances in Hepburn shire will take you to larger towns. The A300 is the route from Ballarat to Creswick and Daylesford, or from Castlemaine (and Bendigo via the M79) to Daylesford. Creswick to Clunes is via the C291. Clunes to Ballarat is via the C287, on the Maryborough road. The smaller Daylesford-Clunes road connects those two towns via Smeaton. The C317 connects Daylesford and Trentham. To get to Daylesford from Melbourne, take the Western Highway (M8) and take the Daylesford turn-off near Ballan (C141). To get to Trentham from Melbourne, take the M79 and turn off at Woodend, then take the C317 to Trentham. To get to Creswick from Melbourne, take the Western Highway (M8), and take the Creswick turn-off at either the C291 or A300. To get to Clunes from Melbourne, take the M8 and turn off at the C291 turn-off, travelling via Creswick.

From / to:	Ballarat	Daylesford	Melbourne	Bendigo	Maryborough
Daylesford	46	-	110	75	62
Creswick	18	29	121	100	51
Clunes	34	45	139	90	33
Trentham	67	22	93	89	81

www.travelvictoria.com.au/victoria/distances/

Further information on transport within and to/from Ballarat can be found at:

www.travelvictoria.com.au/ballarat/transport/

For up to date emergency information and warnings for weather and bushfires, please see the VicEmergency website (www.emergency.vic.gov.au), or the VicEmergency app.

LOCAL FACILITIES:

Shopping:

- Markets: Daylesford Sunday Market - www.dscr.com.au/sunday-market.php
Creswick Market – www.creswickmarket.com.au/
Clunes Farmers Market - www.clunesfarmersmarket.com.au/
Trentham Markets – <http://visittrentham.com.au/festivals-events/markets>

- Supermarkets: Creswick - www.travelvictoria.com.au/creswick/supermarkets/
Daylesford: www.travelvictoria.com.au/daylesford/supermarkets/
Trentham: www.travelvictoria.com.au/trentham/supermarkets/
Clunes: www.travelvictoria.com.au/clunes/supermarkets/
- General shopping for all four towns can be found on the main streets. There are no separate shopping centres. For larger shopping centres, see Ballarat Sturt Street precinct and www.travelvictoria.com.au/ballarat/shopping/

Entertainment:

- Daylesford Cinema, 49 Vincent Street, Daylesford. www.daylesfordcinema.org.au/
- Regent Cinemas Ballarat: www.regententertainment.com.au/Page/Home

Medical facilities:

- Medical centres: Daylesford – Springs Medical Centre: 10 Hospital Street, Daylesford, www.springsmedical.com.au/drjonathonbarrell.html , ph: 5348 2227
Creswick Medical Centre – 58 Albert Street, Creswick, Ph: 5345 8090
Clunes Medical Centre: 69 Service Street, Clunes, ph: 5345 8090
Trentham – Springs Medical Centre: 22 Victoria Street, Trentham, www.springsmedical.com.au/drjonathonbarrell.html , ph: 5424 1602
- Trentham Hospital & Hostel, 22-24 Victoria Street, Trentham, Ph: 5424 1723
- Daylesford Hospital: Hepburn Health Service, 17 Hospital Street, Daylesford, ph: 5321 6500
- Creswick Hospital & Community Health Centre, 1 Napier Street, Creswick, ph: 53459100

Health / leisure:

- Daylesford, Clunes and Trentham have public pools. For opening hours and details, see www.hepburn.vic.gov.au/swimming-pools/
- Hepburn Bathhouse & Spa (Hepburn Springs): www.hepburnbathhouse.com/
- The Mineral Spa (at Peppers Mineral Springs Hotel, Hepburn Springs): www.mineralspa.com.au/
- Omada Day Spa (Hepburn Springs): www.omada-dayspa.com.au/
- Salus Spa at the Lakehouse (Daylesford): www.lakehouse.com.au/spa

Banks:

See the links below for bank locations, opening hours and ATMs. The postcode for Daylesford is 3460, Trentham is 3458, Clunes is 3370 and Creswick is 3363.

- NAB - see www.nab.com.au/locations for nab, and rediATM
- Westpac - see www.westpac.com.au/locateus/#/
- ANZ – see www.locate.anz.com/anz/australia/
- Bendigo Bank – see www.bankofmelbourne.com.au/locator#/
- Commonwealth Bank – see www.commbank.com.au/digital/locate-us/
- Bank Australia – see www.bankaustr.com.au/tools/find-us/
- Rabobank – see www.rabobank.com.au/branch/

Child care facilities:

Visit www.hepburn.vic.gov.au/child-care-services/ for child care facilities in the region.



EATING OUT IN HEPBURN SHIRE:

Hepburn Shire has a large range of places to dine out, catering for a variety of cuisines, diets and budgets. Some of the more popular facilities are listed below, including their price range.

Cafes:

- Chaplins at the Muse, 32 High Street, Trentham. Ph: 4405 4107
\$\$-\$\$\$
- Widow Twankey's Café, 50 Fraser Street, Clunes. Ph: 5345 3426
\$\$-\$\$\$
- Bullseye's Pizza Café, 84 Albert Street, Creswick. Ph: 5373 8406
\$
- Larder Daylesford, 57A Vincent Street, Daylesford. Ph: 5348 4700
\$\$-\$\$\$

Pubs & Wine Bars:

- The Plough at Trentham, 31 High Street, Trentham. Ph: 5424 1144
\$\$-\$\$\$
- National Hotel, 35 Fraser Street, Clunes. Ph: 5345 3005
\$\$-\$\$\$
- The American Creswick, 90 Albert Street, Creswick. Ph: 5345 2510
\$\$-\$\$\$
- Farmers Arms Daylesford, 1 East Street, Daylesford. Ph: 5348 2091
\$\$-\$\$\$

Restaurants:

- du Fermier, 42 High Street, Trentham. Ph: 5424 1634
\$\$\$\$
- Lucky Strike Lounge, 33 Fraser Street, Clunes. Ph: 5345 3308
\$\$-\$\$\$
- Harvest Restaurant, 1500 Midland Highway, Creswick. Ph: 5345 9600
\$\$-\$\$\$
- Jackie's on Vincent, Shop 1/123 Vincent Street, Daylesford, Ph: 5348 4946
\$\$-\$\$\$

Only a small number of the many restaurants in the area are listed. Find more on Trip advisor at:
www.tripadvisor.com.au/Restaurants

UNIVERSITY OF MELBOURNE



DUNVEGAN HOUSE – Rural Clinical School

The Ballarat Rural Clinical School for medical students has been in operation since July 2002. Academic ‘Going Rural Health’ staff have been on site since October 2016 to support nursing and allied health students. Melbourne University has many subsidised accommodation options for clinical placement students in the Ballarat area, including at the Creswick campus.

CRESWICK CAMPUS



The University of Melbourne established its School of Forestry and Ecosystem Science in Creswick, 20 minutes from Ballarat in 1910. The campus adjoins a 610 hectare demonstration forest, and has easy access to a diverse range of other forests. There are a range of accommodation options on campus, which are available to clinical placement students.

See www.ecosystemforest.unimelb.edu.au/about/creswick for more details.

GOING RURAL HEALTH STUDENT SUPPORT TEAM:

'Going Rural Health' is a Commonwealth funded initiative run by the University Department of Rural Health (UDRH), as part of the University of Melbourne. Our programs have been developed to support Nursing and Allied Health students undertaking placements in a rural setting throughout the broader Shepparton, Wangaratta, and Ballarat regions. Our team actively works with health services and education providers, along with students directly to assist and improve the learning and experiences that students gain during their rural clinical placements. All of our programs and initiatives are targeted towards developing our future rural health workforce.

Some of the ways we assist are:

- Accommodation
- Promote other local accommodation options for students
- Clinical supervisor support & training
- Work with local organisations to develop pathways in the health workforce
- Financial assistance through student support schemes
- Training in Cultural Competency in Aboriginal Health
- Online Introduction to Rural Health Training

Team Members:

Shepparton Campus:

- Keryn Bolte (*Student Placement Manager*)
- Renee McCance (*Education Support Co-ordinator*)
- Cath Cosgrave (*Research Fellow – Nursing and Allied Health Rural Workforce*)
- Ash Sloan (*Community Placement Co-ordinator*)

Wangaratta Campus:

- Kirrian Steer (*Education Co-ordinator/Simulation Co-ordinator*)
- Ben Flanigan (*Community Placement Co-ordinator*)
- Joelene Mitchell (*Student Placement Project Officer*)

Ballarat Campus:

- Trish Thorpe (*Education Support Co-ordinator*)
- Charmaine Swanson (*Community Placement Co-ordinator*)



For more information, see our website:

<http://goingruralhealth.com.au/>

ACCOMMODATION:

The University of Melbourne at Creswick has accommodation to support health professional student clinical placements within this region. The accommodation is available to both undergraduate and post graduate health professional students. Residents are allocated a bedroom, while the kitchen, laundry and bathroom facilities are shared.

Rural health students also have access to accommodation managed by health service partners.

All bedrooms in Department of Rural Health accommodation have a bed (either single or double), a desk with chair, bookcase, wardrobe, drawers and bedside table.

You should bring your own bed linen, including:

- Sheets and pillow case
- Pillow
- Doona/quilt/blankets

You may also wish to bring a:

- Study lamp
- Stereo with headphones
- Computer and TV with you

To make an accommodation enquiry for the Creswick region, please visit the following website, and follow instructions:

<http://goingruralhealth.com.au/portfolio-item/creswick-accommodation/>

MORE INFORMATION ABOUT HEPBURN SHIRE:

For more information on the region, and what it has to offer, please visit the web links below.

Tourist information: www.travelvictoria.com.au and search for the relevant township in the Hepburn region.

Hepburn Shire Council information: www.hepburn.vic.gov.au

More links have been provided in the relevant information sections above.

CONTACT US:

Should you have any further questions, queries or concerns about placement in the Hepburn region, please don't hesitate to contact the 'Going Rural Health' team on the following details:

General enquiries:

Website: www.goingruralhealth.com.au

Phone: (03) 5823 4500

Email: going-ruralhealth@unimelb.edu.au

Specific enquiries:

Website: www.goingruralhealth.com.au

Phone: (03) 4301 6853

Email: tricia.thorpe@unimelb.edu.au

