



THE UNIVERSITY OF
MELBOURNE

DEPARTMENT OF RURAL HEALTH



Living and Working in Horsham & Dimboola, Victoria

INFORMATION PACK



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This information booklet has been developed to provide you with relevant information about your living and working arrangements in Horsham & Dimboola, Australia.

We acknowledge that re-locating to a new region is a daunting yet exciting experience, and there are many logistical aspects to consider. Therefore the 'Going Rural Health' team wish to make this transition as easy for you as possible.

Please consider the information in this booklet as a general guide to living and working in Horsham and Dimboola, Victoria. Our information booklet contains general information and is to be used as a guide only.

This activity has been supported by the Australian Government Department of Health through the Rural Health Multidisciplinary Training Program programme. The Department of Rural Health takes no responsibility or liability of the accuracy of the information provided in this document or information provided on the listed websites. This booklet does not endorse the products/services listed throughout.



LIVING IN THE HORSHAM AREA

Horsham is around 300 km north-west of Melbourne. Dimboola is 37km north of Horsham on the Western Highway, about half way between Horsham and Nhill.

ATTRACTIONS, CULTURE AND CLIMATE:

Climate

Horsham and Dimboola have a hotter, drier climate than Melbourne. The summer temperature averages 30°C . Winter months are cold and sometimes frosty in the mornings, with sunny days averaging around 14°C.

Horsham

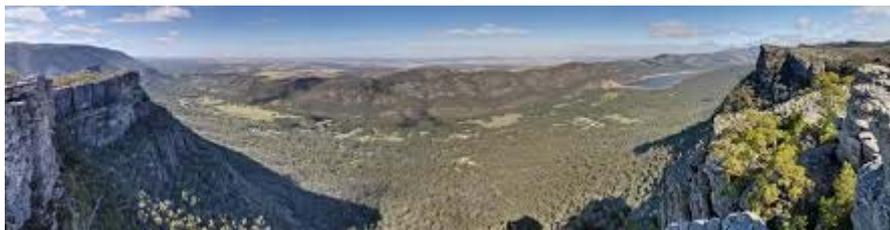
Horsham is situated on the Wimmera River, 25km north of the northern extremity of the Grampians National Park on the Western Highway, which links Melbourne and Adelaide. It is the largest city in the Wimmera region, whose primary industry is sheep and wheat farming, with a population of around 16,000 people.

South-east of the city are the Wimmera lakes, which form part of the Wimmera-Mallee irrigation system, and are popular for fishing, swimming and boating.



Horsham is only a short distance from three National Parks:

- Black Range State Park which adjoins Rocklands Reservoir, and is popular for bushland walks and water activities.
See www.parkweb.vic.gov.au/explore/parks/black-range-state-park
- Grampians National Park which is renowned for its numerous walking tracks, spectacular lookouts, mountain ranges, waterfalls, lakes and wildflower displays.
See www.parkweb.vic.gov.au/explore/parks/grampians-national-park
- Little Desert National Park, which is a desert in name only. This park comes to life between late winter and early summer with blossoms and wildflowers.
See www.parkweb.vic.gov.au/explore/parks/little-desert-national-park



Two award winning boutique wineries are close by in Lower Norton, Barangaroo Boutique Wines and Norton Estate Wines. Both are open for tastings.

Horsham holds a number of festivals and shows;

- a country music festival in March/April
- The Horsham Show - an agricultural show - in September
- Wimmera Field Days in March, showcasing agricultural machinery and equipment, along with local art and crafts exhibitions.

Horsham also hosts race meetings at Blue Ribbon Raceway, with a weekend carnival each June. The city also boasts a state of the art aquatic complex – Horsham Aquatic Centre – featuring 5 pools, a

group fitness hall and large gym, and a café. For golf enthusiasts, there is also a beautiful golf course with clubhouse and bar. See www.travelvictoria.com.au/horsham/sport/ for details of these sites.

Scenic flights from Horsham are also available. Options include Grampians tours and local short flights.

See www.travelvictoria.com.au/horsham/tours/ for details for all of the above attractions.

Dimboola



Dimboola is also situated alongside the Wimmera River, in the heart of wheat growing country. There are some historic buildings still standing, such as the post office and the town hall.

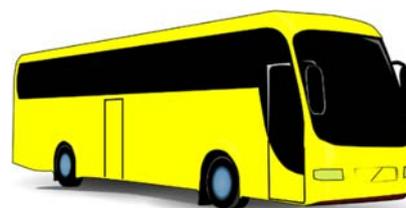
The town hosts a number of events, including the German Festival in April, the Dimboola Show in October, and a Regatta in November.

The Wimmera River hugs the western and southern sides of the town, which is lined with trees and walking tracks. There are also sections that are popular for fishing and boating.

Pink Lake is located a few kilometres west of the town on the Western Highway. It is surrounded by gum and paperbark trees, with distinctive salt tolerant plants growing closer to the lake. The salt was commercially harvested from the lake for many years, and relics from that time can still be seen.

See www.dimboola.com.au/ or www.travelvictoria.com.au/dimboola/ for more details.

GETTING AROUND THE AREA:



Public Transport.

V-Line trains and buses run numerous times a day from Southern Cross Train Station in Melbourne to Ballarat and Ararat, with a connecting service - 'The Overland' which runs from Melbourne to Adelaide - to Horsham and Dimboola. V-line buses from Horsham travel to Bendigo, & Nhill via Dimboola. Regional buses from Horsham also travel via Dimboola. For travel information and up to date timetables, please visit the V-Line website (<https://www.vline.com.au/>) or phone 136 196. Alternatively, links to all V-Line and The Overland timetables can be found at www.travelvictoria.com.au/horsham/transport/.

Horsham also has a local bus network, and buses also travel to nearby towns. For timetables and network maps, see www.travelvictoria.com.au/horsham/transport/.

Cycling.

Cycling is an excellent way to get around. Bike lanes are often available.

Driving Yourself.

Horsham is within a few hours drive of many regional and metropolitan centres. From Horsham you can take the Western Highway (A8) to Dimboola and Adelaide, or to Stawell, Ararat, Ballarat & Melbourne. Drive south on the Henty Highway to Hamilton and Portland, or north to Hopetoun & Warracknabeal, then continuing on as the Sunraysia Highway (B220) to Mildura. The Wimmera Highway (B240) can be driven west to Narracoorte in South Australia, or east to St Arnaud, Newbridge and Marong, near Bendigo.

| From / to: | Ballarat | Bendigo | Melbourne | Adelaide | Horsham |
|------------|----------|---------|-----------|----------|---------|
| Horsham | 186 | 215 | 300 | 427 | - |
| Dimboola | 224 | 225 | 335 | 391 | 37 |

(www.travelvictoria.com.au/victoria/distances/)

Further information on all transport within and to/from Horsham and Dimboola can be found at:

www.travelvictoria.com.au/ and search for Horsham or Dimboola.

For up to date emergency information and warnings for weather and bushfires, please see the VicEmergency website (www.emergency.vic.gov.au), or the VicEmergency app.

LOCAL FACILITIES:

Shopping:

- Regional markets: Haven market, Jung Market, Natimuk Farmers Market. See www.visithorsham.com.au/media/uploads/Horsham-Guide-180416.pdf page 9 for details.
- Supermarkets: Horsham - see www.travelvictoria.com.au/horsham/supermarkets/
Dimboola – see www.travelvictoria.com.au/dimboola/supermarkets/
- Horsham Plaza: see www.horshamplaza.com.au

Entertainment:

- Centre Cinema: see www.ausaf.com.au/horshamcinemas.html for session times and movies showing.
- Horsham Regional Art Gallery: see www.horshamartgallery.com.au/ for details.

Medical facilities:

- Medical Centres Horsham: www.truelocal.com.au/find/medical-centres/vic/west/horsham/
- Wimmera Health Care Group – Horsham: 83 Baille Street, Horsham, ph: 5381 9111. Hospital Emergency Department open 24 hours a day. See www.whcg.org.au/index.php for more information.
- Wimmera Health Care Group – Dimboola: 32-36 Anderson Street, Dimboola, ph: 5389 1301.

Health / leisure:

- Horsham Aquatic Centre, see www.horsham.ymca.org.au/ for opening times and details.
- Stone Forest Adventure Mini Golf: see www.visithorsham.com.au/ant/profile/stone-forest-adventure-mini-golf for details.
- Dimboola Aquatic Centre. See www.swimia.com/australia-aquatic-center/dimboola-aquatic-center/ for details

Banks:

See the links below for bank locations, opening hours and ATMs. The postcode for Horsham is 3400, and Dimboola is 3414.

- NAB - see www.nab.com.au/locations for nab, and rediATM
- Westpac - see www.westpac.com.au/locateus/#/
- ANZ – see www.locate.anz.com/anz/australia/
- Bendigo Bank – see www.bankofmelbourne.com.au/locator#/
- Commonwealth Bank – see www.commbank.com.au/digital/locate-us/
- Bank Australia – see www.bankaustr.com.au/tools/find-us/
- Rabobank – see www.rabobank.com.au/branch/

Child care facilities:

Visit the City Council website www.hrcc.vic.gov.au/family-children/childcare for details.



EATING OUT IN HORSHAM & DIMBOOLA:

Horsham has a good range of places to dine out, catering for a variety of cuisines, diets and budgets. Some of the more popular facilities are listed below, including their price range.

Cafes:

- Café Jas, 37 Roberts Avenue, Horsham. Ph: 5382 3911
\$\$-\$\$\$
- Cheeky Fox Café, 27 Firebrace Street, Horsham. Ph: 5381 1955
\$\$-\$\$\$
- Wimmera Bakery Pty Ltd, 72-78 Lloyd Street, Dimboola. Ph: 5389 1896

Pubs & Wine Bars:

- Bull & Mouth Hotel, 83 Wilson Street, Horsham. Ph: 5382 1057
\$\$-\$\$\$
- The Royal Hotel, 132 Firebrace Street, Horsham. Ph: 5382 1255
\$\$-\$\$\$
- Wimmera Hotel, 32 Wimmera Street, Dimboola. Ph: 5389 1611
\$\$

Restaurants:

- Bonnie & Clyde's Pizzeria, 77 Pynsent Street, Horsham. Ph: 5382 1101. Take-away available.
\$\$-\$\$\$
- Thai Basil, 41 Darlot Street, Horsham. Ph: 5382 2694
\$\$-\$\$\$

Only a small number of the many restaurants in the area are listed. Find more on Trip advisor at:

www.tripadvisor.com.au/Restaurants and select either Horsham or Dimboola.

UNIVERSITY OF MELBOURNE – Department of Rural Health



BALLARAT CAMPUS (DUNVEGAN HOUSE):

The Ballarat Rural Clinical School for medical students has been in operation since July 2002.

Academic 'Going Rural Health' staff have been on site since October 2016, to support nursing and allied health students in the Grampians, Hepburn, Pyrenees, Goldfields, East Wimmera, and Ballarat regions.

GOING RURAL HEALTH STUDENT SUPPORT TEAM:

'Going Rural Health' is a Commonwealth funded initiative run by the University Department of Rural Health (UDRH), as part of the University of Melbourne. Our programs have been developed to support Nursing and Allied Health students undertaking placements in a rural setting throughout the broader Shepparton, Wangaratta, and Ballarat regions. Our team actively works with health services and education providers, along with students directly to assist and improve the learning and experiences that students gain during their rural clinical placements. All of our programs and initiatives are targeted towards developing our future rural health workforce.

Some of the ways we assist are:

- Accommodation
- Promote other local accommodation options for students

- Clinical supervisor support & training
- Work with local organisations to develop pathways in the health workforce
- Financial assistance through student support schemes
- Training in Cultural Competency in Aboriginal Health
- Online Introduction to Rural Health Training

Team Members:

Shepparton Campus:

- Keryn Bolte (*Student Placement Manager*)
- Renee McCance (*Education Support Co-ordinator*)
- Cath Cosgrave (*Research Fellow – Nursing and Allied Health Rural Workforce*)
- Ash Sloan (*Community Placement Co-ordinator*)

Wangaratta Campus:

- Kirrian Steer (*Education Co-ordinator/Simulation Co-ordinator*)
- Ben Flanigan (*Community Placement Co-ordinator*)
- Joelene Mitchell (*Student Placement Project Officer*)

Ballarat Campus:

- Trish Thorpe (*Education Support Co-ordinator*)
- Charmaine Swanson (*Community Placement Co-ordinator*)



For more information, see our website:

<http://goingruralhealth.com.au/>

ACCOMMODATION:

Student accommodation provided by the hospitals is available on a first come, first served basis. Contact Kim Schorback at the Wimmera Health Care Group at Kim.Schorback@whcg.org.au for details and to book.

There are also two caravan parks in Horsham that have cabin accommodation;

Horsham Riverside Caravan Park, www.horshamriverside.com.au/

Wimmera Lakes Caravan Resort, www.wimmeralakes.com/



MORE INFORMATION ABOUT HORSHAM & DIMBOOLA:

For more information on the region, and what it has to offer, please visit the web links below.

Tourist information: www.travelvictoria.com.au/ and search for the town name.

Horsham City Council information: www.hrcc.vic.gov.au/

More links have been provided in the relevant information sections above.

CONTACT US:

Should you have any further questions, queries or concerns about placement in the Horsham region, please don't hesitate to contact the 'Going Rural Health' team on the following details:

General enquiries:

Website: www.goingruralhealth.com.au

Phone: (03) 5823 4500

Email: going-ruralhealth@unimelb.edu.au

Specific enquiries:

Website: www.goingruralhealth.com.au

Phone: (03) 4301 6853

Email: tricia.thorpe@unimelb.edu.au