

New Grad Physio Recruitment Page

We are pulling together a list of practices/organisations who are interested in recruiting new grad physios in 2021 in rural/regional Victoria. This will be distributed to final year physio students. If you would like your practice to be added to the list, please complete the details below and return to Claire.salterparry@unimelb.edu.au .

Practice/organisation name	Optimum Physiotherapy
Contact details	admin@optimumclinic.com.au or 02 60592916
Location(s)	
Team: Who is in the team? E.g. 2x physios, 1xEP etc	X3 FT and x0.5clinicians, x2 admin, x1 practice manager, x2 casual Pilates instructors
Caseload: what kinds of clients/conditions do you mostly work with? Do you run any classes such as pilates etc?	Predominantly MSK patients ranging in age and abilities from children through to elderly. We run 10 Clinical Pilates classes per week. We see varied clients from 3 rd party consumables e.g. GP referrals, DVA, NDIS, workcover, TAC
Typical day/week: what would a typical day/week look like for a new grad? E.g. number of clients, types of sessions etc.	Daily catch ups with CEO including talking through case load, clinical management, patient retention, FT new grad would be expected to have a full caseload ~60 pts per week. There will be several dedicated 1:1 sessions to develop clinical skills and ensure they are following the appropriate 'signature systems' particular to Optimum
Extra duties: is there anything else the practice is involved in that the new grad might do? E.g. providing physio for a local sports team, running community education etc	We assist DVA clients in the local gym which we also have access to for other regular clients. There are opportunities for hydrotherapy and home visits. We would expect new grad to become involved with the community and forge partnerships with local groups e.g. sporting, schools, residential facilities. You will be mentored to upskill in the area of Clinical Pilates and reformer.
What support would you offer a new grad? E.g. supervision (frequency), professional development budget, journal club etc.	We have a handsome stipend for external CPD but the amount of in house training they will receive is unparalleled. It equates to ~\$15,000 per year including in-service trainings and 1:1 mentoring from the CEO who has >20yrs in the field. We place a huge emphasis on upskilling not only in clinical skills but also exercise prescription through work with our Pilates instructors.
Ideal start date?	As soon as possible

Application process	Go to: https://optimumclinic.com.au/optimum-recruitment/ For our application process.